

# **MORNING 5-MILES RUNNING CLUB**

**Starting Tuesday, September 4, 2018**

**WHAT:** An opportunity for students in Kindergarten through 6<sup>th</sup> grade (on designated days) to start the day walking/jogging as many laps as time permits

**WHEN:**

Kindergarten–2<sup>nd</sup> grade: Tuesday & Thursday 7:35 am – 7:50 am

3<sup>rd</sup> grade–6<sup>th</sup> grade: Monday & Wednesday 7:35 am-7:50 am

We encourage a 7:35 AM start but you can start as late as 7:40 AM. As long as you have time to complete one lap, you can join in. Weather restriction: Should there be inclement weather Running Club will be cancelled and parents will be notified via PCCA remind app. Please ensure your student has a jacket/sweater if it is cold outside.

**GOAL:** For every accumulated 5 miles walked/jogged, students will earn a Running Club token. Continue to collect tokens all year as each 5-mile goal is achieved. Mileage will accumulate every time the student attends.

**REGISTRATION:** Fill out registration form and return to school office. Registration forms can be found on the West Melbourne Pineapple Cove Classical Academy website. There is no fee and registration is open year-round.

Please drop students off in the car loop following normal car loop procedures. Students should then walk to designated running club area. Students should arrive with running club sneakers on (they may wear any type of athletic shoe in any color – no boots or slip on shoes). Students will be given an opportunity to change into school appropriate shoes at the end of the session.